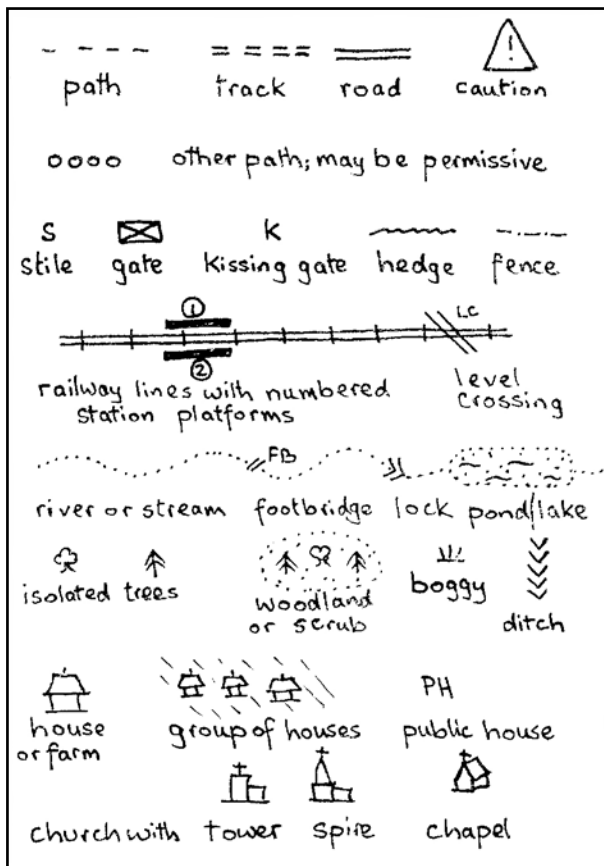


# Key to landscape features



## PLEASE FOLLOW THE COUNTRYSIDE CODE:

- Be safe – plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people

The information in this publication was, so far as known, correct at the time of publication. The publishers accept no responsibility for any errors, omissions or changes in the information given.

## ROUTE FINDING

You will need a basic understanding of maps and the ability to follow them. The walks can be followed in either direction, but if you go in the same way as the arrows, you won't have to turn the map around to make it fit the landscape.

## TIME

Allow about 4 hours, but add on time for refreshments and visiting churches.

## MAPS

OS Explorer sheet 211 Bury St Edmunds and Stowmarket.

## REFRESHMENTS

None along the route, so carry enough for the whole of the walk. Pub and shop at Thurston and ample choice at Bury St Edmunds.

## USEFUL INFORMATION

National Rail Enquiries [www.nationalrail.co.uk](http://www.nationalrail.co.uk)  
08457 48 49 50  
Traveline [www.traveline.info](http://www.traveline.info) 0871 200 22 33

## WALKS IN THIS SERIES

All the stations on the Mid Anglia rail route between Ipswich, Bury St Edmunds, Cambridge and Ely provide useful gateways to the countryside of Suffolk and East Cambridgeshire. Visit

[www.marpa.org.uk](http://www.marpa.org.uk)

and select Walks from the menu, then click on any of the stations shown on the route diagram to see what walks are available for free download.

**MARPA** works to promote and protect services on the Ipswich to Cambridge/Peterborough rail route. Contact: The Secretary, 51 High Street, Cheveley, Newmarket CB8 9DQ. email: [secretary@marpa.org.uk](mailto:secretary@marpa.org.uk)

**MARPA** is affiliated to the campaigning group **railfuture** [www.railfuture.org.uk](http://www.railfuture.org.uk)

**The Ramblers** protect rights of way and defend the beauty of the countryside. Suffolk Area has seven local groups including Ipswich, Stowmarket and Bury St Edmunds. Contact [www.ramblers.org.uk](http://www.ramblers.org.uk) 020 7339 8500

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# Marpa

STATION TO STATION WALKS

WALK  
5

**THURSTON to BURY St EDMUNDS**  
7½ miles - 4 hours



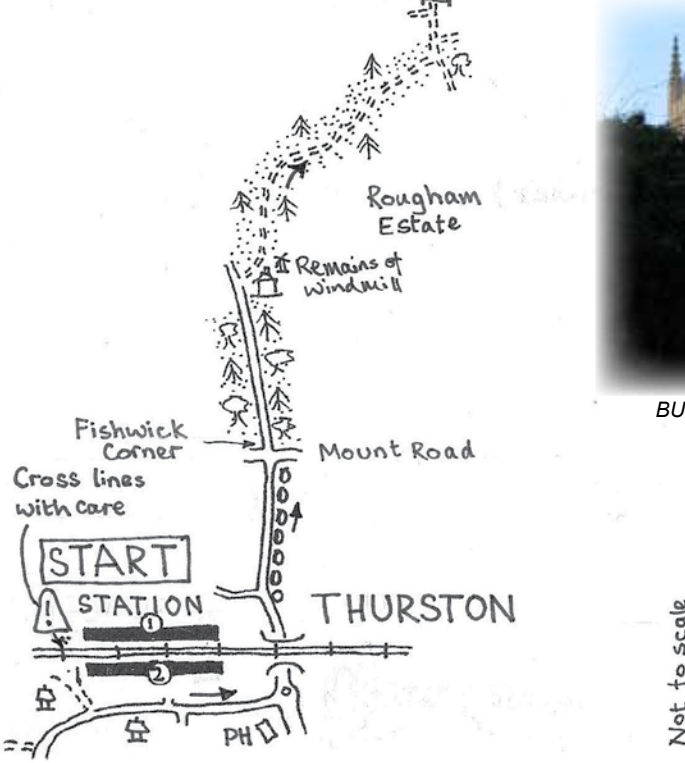
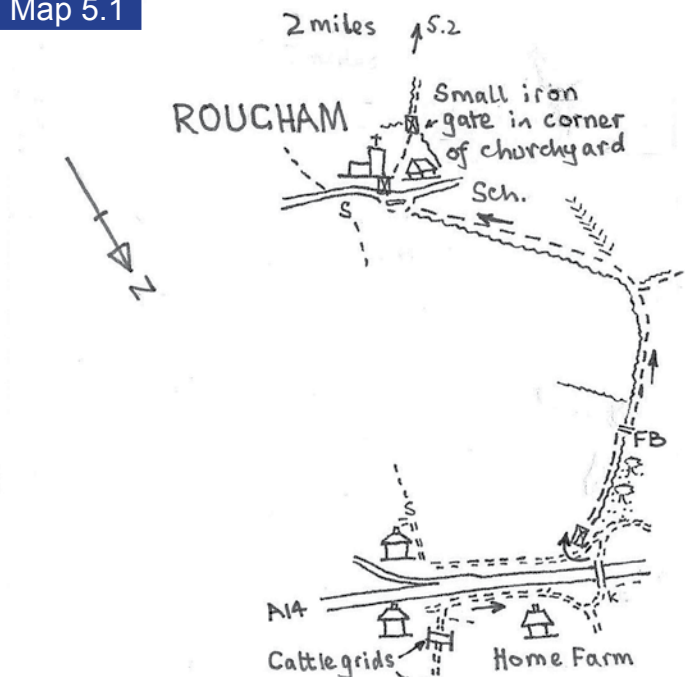
ROUGHAM CHURCH

Walkers with a sense of history and who enjoy architecture will find this a walk of outstanding interest. Rougham church has a lofty tower with characteristic East Anglian flint flushwork parapet and inside, a magnificent timber roof. The OS map shows that the road at Eastlow Hill is of Roman origin, beyond which quiet roads lead to Rushbrooke, where a magnificent Tudor mansion met its end in 1961. The little church survives and is full of interest. The approach to Bury St Edmunds, one of England's most historic and attractive towns, is memorable, the recently completed gothic-style tower dominating the view across No Man's Meadows.

**Mid-Anglia Rail Passengers' Association Walks**

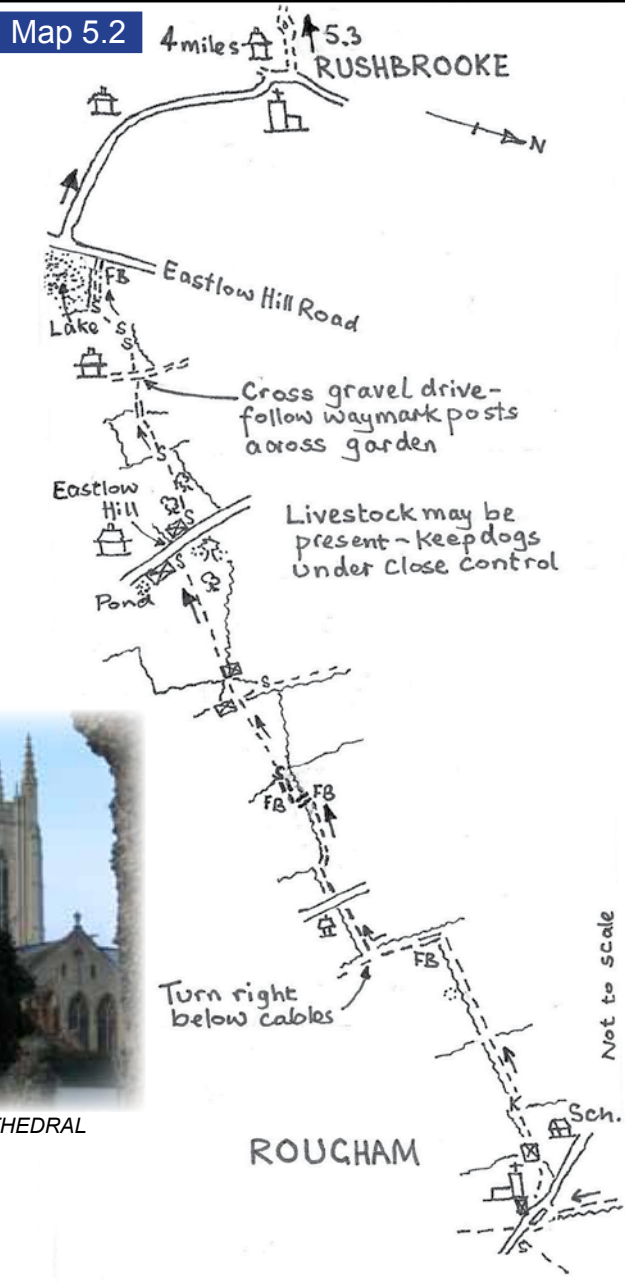
Selected by Roger Wolfe, The Ramblers volunteer

Map 5.1



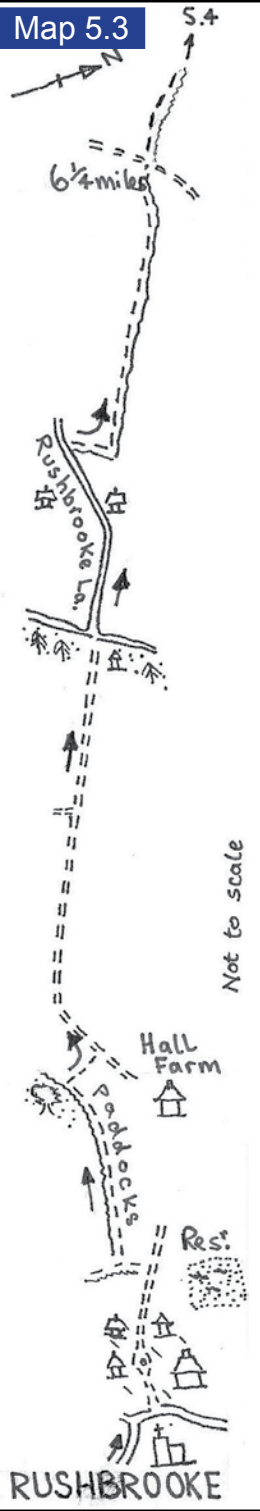
Not to scale

Map 5.2



Not to scale

Map 5.3



Not to scale

Map 5.4



Not to scale



BURY CATHEDRAL

Mid-Anglia Rail Passengers' Association Walks

**THURSTON to BURY St EDMUNDS**

7 1/2 miles - 4 hours

[www.marpa.org.uk](http://www.marpa.org.uk)